

7/29-8/1

FOODS Hall at Lake Mary

Monday - Thursday, 11:00am - 10:00am

Brian McCarthy, Director of Dining Services
Henry Valcarcel Cruz, Executive Chef



BREAKFAST SPECIAL

MONDAY - THURSDAY

Fried Chicken Biscuit Sandwich
\$4.75

HOT CEREAL

MONDAY - WEDNESDAY
12OZ \$2.50
Old Fashioned Oatmeal
Grits

GRAB 'N GO

ALL WEEK
Fruit Cups \$1.61
Strawberry Almond Yogurt Parfait \$4.33

FLAME

MONDAY - WEDNESDAY

Eggs Your Way	\$1.25 EA
BYO Omelet	\$4.01+
BYO Breakfast Sandwich	\$3.05+

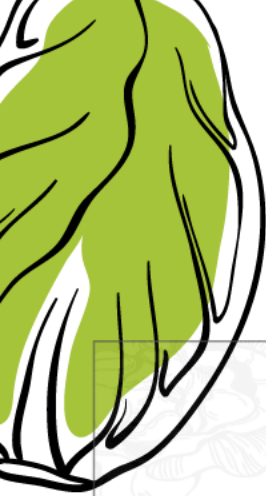
SIDES

Turkey Sausage Link (1)	\$1.25
Pork Sausage Link (1)	\$1.25
Applewood Bacon (1)	\$1.25
Tater Tots	\$2.25
Buttermilk Biscuit + Sausage Gravy	\$2.25

CONTINENTAL

MONDAY - WEDNESDAY

Muffins	\$2.87
Scones	\$2.41
Croissants	\$2.50
Danishes	\$1.82
Assorted Breads, Butter + Jam	\$0.32+



FOOD

7/29-8/1

FOODS Hall at Lake Mary

Monday - Thursday, 11:30am - 1:30pm

Brian McCarthy, Director of Dining Services

Henry Valcarcel Cruz, Executive Chef

FLAME

FLAME

MONDAY - WEDNESDAY

- BYO Burger \$7.50+
- Crispy Chicken Sandwich \$6.30
- Bacon Cheeseburger \$10.00
- Mushroom Swiss Burger \$8.14
- BYO Grilled Chicken Sandwich \$6.30
- Falafel Burger with Handmade Falafel, Tzatziki, Tomato, and Arugula on a Brioche Bun \$7.50

graze.

COLD GRAZE \$0.66 PER OUNCE

MONDAY - WEDNESDAY

- Assorted Mini Sandwiches
- Caprese
- Turkey
- Italian
- Buffalo Chicken

HOT GRAZE \$0.66 PER OUNCE

MONDAY - WEDNESDAY

- BYO Assorted Rice Bowl
- Beef Barbacoa, Chicken Tinga, Pork Carnitas, Mushroom Tinga



SAVORY SOUP

MONDAY - WEDNESDAY

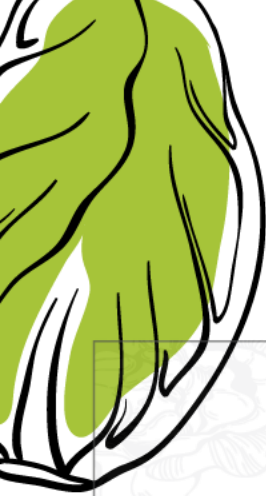
12oz. \$2.78 | 16oz. \$3.62

Creamy Tomato Basil

SIDES

- Sweet Potato Fries \$2.25
- French Fries \$2.25
- Tater Tots \$2.25





LUNCH

7/29-8/1

FOODS Hall at Lake Mary

Monday - Thursday, 11:30am - 1:30pm

Brian McCarthy, Director of Dining Services

Henry Valcarcel Cruz, Executive Chef

GRAB 'N GO

MONDAY - FRIDAY

Sandwiches + Salads \$6.50+

Caprese Baguette - Tomato, Mozzarella, and Basil with Nut-Free Basil

Pesto Mayonnaise

Turkey Sandwich - Roasted Turkey on Whole Wheat Bread

Grilled Chicken Caesar Salad - Romaine, Croutons, Parmesan,

Grilled Chicken



DESSERT

Assorted Cookies \$1.66

Rocky Road Brownie \$2.21

